

Run for the Rainforest

4
NIGHTS

ARRIVE THURSDAY & DEPART MONDAY
01 - 05 OCTOBER 2026



Kamba

AFRICAN
RAINFOREST
EXPERIENCES

Our 4-night Odzala Sprint journey is designed for travelers who want to take part in Run for the Rainforest within a shorter, high-impact journey. With one night at Lango Lodge and 3 nights at Mboko Lodge, the experience combines time in Odzala-Kokoua National Park with guaranteed entry to one of the Congo Basin's most remarkable annual events. Guests may choose between the 10km Run for the Rainforest, the 21km AP Ranger's Challenge Half Marathon, or the 42km Odzala Rainforest Marathon on Saturday, 03 October 2026. The event takes place each October to raise funds for African Parks and support the continued protection of Odzala-Kokoua National Park. Entries are limited to 150 runners.

Note: No two Kamba experiences are the same: Our guides customize each trip according to guests' interests, fitness levels, and imaginations, as well as outside factors like weather and wildlife behavior. Thus, the list of activities mentioned are a suggested outline, not a strict itinerary.

Odzala Sprint



LODGES Lango (1), Mboko (3)

REGION Odzala-Kokoua National Park, Republic of the Congo

INCLUSIONS Scheduled return flight between Brazzaville and Odzala, race participation, all activities, meals, transfers & drinks

Note: International flights to and from Brazzaville are not included.

A Race With Purpose

Kamba's Run for the Rainforest is not just a physical challenge, but an immersion into one of the last truly wild places on Earth. Set within the protected wilderness of Odzala-Kokoua National Park, the race unfolds along remote forest roads, through dense canopy, open clearings, and landscapes shaped entirely by nature.

Here, you are not running through a destination. You are moving through an ecosystem that is alive around you.

Choose your challenge:

- 42km Odzala Rainforest Marathon
- 21km AP Ranger's Challenge Half Marathon
- 10km Run for the Rainforest

Each distance offers a different expression of the same experience, one that begins before sunrise, as the forest wakes and the air carries the quiet anticipation of something rare.



The Experience on the Ground

The race is fully supported, yet intentionally raw in spirit:

- Multiple hydration and nutrition stations along the route, offering water, electrolytes, energy supplements, and local fuel sources
- Medical support throughout, including doctors on standby, first aid at all checkpoints, and trained Kamba guides positioned along the course
- Sweep vehicles for each distance, ensuring every participant is supported from start to finish
- Strict environmental protocols, ensuring the race leaves no trace on this protected ecosystem

Runners move along marked routes, guided not just by signage, but by a shared understanding: this is a place to be respected. Encounters with wildlife are possible. Awareness is essential. Presence is everything.

The Experience Beyond the Finish Line

The finish line is only part of the experience. What stays with most runners is not the time on a watch, but the feeling of having moved more consciously, more connected, through a place that very few will ever experience.

Participation is intentionally limited each year, not simply for exclusivity, but to protect the integrity of both the environment and the experience itself. In a world where races are often measured in seconds, this one is measured in something far less tangible: perspective, presence, and connection. For those who take part, it becomes more than a highlight of the journey. It becomes a defining moment within it.



Journey at a Glance

Day 01 - Thursday, 01 October

Private flight from Brazzaville to Mboko airstrip in Odzala-Kokoua National Park (departs 1pm, Mondays & Thursdays, approx. 2-hour flight).

On arrival at the airstrip in Odzala-Kokoua you are welcomed by the Kamba team and your guide - the adventure begins with a transfer through the park's savanna to the river where you will set off by kayak down the Lekoli River towards Lango Lodge.

When the waters become too shallow to paddle, you will continue on foot through Lango Bai to reach the lodge. Enjoy a refreshing sundowner in this remarkable natural setting before enjoying dinner and overnight at Lango Lodge. Spend 1 night at Lango Lodge with guided activities and all meals & drinks included.



Day 02

Time at Lango Lodge is about getting up close with nature, walking in the footsteps of elephants on well-worn trails through streams, baï, and forests.

Explore the bai and surrounding area after breakfast with guided walks through the various biomes as you set forth in the footsteps of great explorers and unearth the history and heritage of the area. Your guide will share details about the delicate ecosystem and fascinating flora and fauna as you explore on foot.



This afternoon, you'll transfer to Mboko Lodge with time to relax and prepare for the run in the morning. Join a Pasta Party this evening, shared with fellow participants and the Kamba team. Spend 3 nights at Mboko Lodge with race participation, guided activities, and all meals & drinks.



Day 03 - RACE DAY


Rise before dawn for the Run for the Rainforest, an event that transforms Mboko into the starting point for one of Africa's most unusual and rewarding race days.

Guests may choose between the 10km Rainforest Fun Run, the 21km AP Rangers Challenge Half Marathon, or the 42km Odzala Marathon, each beginning with an early transfer from Mboko and unfolding through remote rainforest and savanna landscapes. Along the route, refreshment stations, first aid, medical support, and sweeper vehicles ensure the day is as well supported as it is wild.

Later, the spirit of the event continues in Mbomo Village, where runners gather for the medal ceremony, and guests may also have the opportunity to witness the Odzala Olympics taking place in the village, adding a vibrant community dimension to the day's celebrations. Afterward, return to Mboko Lodge for a well-earned dinner and a deeply restful night, ready to rise restored for the adventures that await the following morning.



Day 4



Your final full day in Odzala unfolds at Mboko Lodge, where open grasslands, quiet rivers, and towering forest create space to both explore and exhale.

With your guide, venture out on foot, by boat, or by kayak through this varied landscape in search of birdlife, forest elephants, buffalo, monkeys, and other elusive wildlife. In between, cool off in clear streams or simply settle into the stillness of the river deck, allowing the pace of the forest to soften around you as the journey begins to draw to a close.



Day 5 - Monday, 05 October

Depart after breakfast on a game drive through the savanna to Mboko airstrip. Kamba's private plane will be waiting to fly you back to Brazzaville to connect with your international flight.



Brazzaville

Colorful and charming, Brazzaville is an endearing introduction to the culture and cuisine of the Republic of the Congo. Brazzaville is a safe, welcoming, and enjoyable place for Kamba guests to explore before or after their journey to the Congo Basin. Evidence of the French colonial period can be found in Brazzaville's architecture, broad boulevards, and the Corniche, a riverside embankment lined with restaurants and cafés that look across the Congo River to Kinshasa, capital of the Democratic Republic of the Congo. (Fun fact: This is the only place in the world where two national capitals face each other across a river.)



We recommend that guests spend two nights in Brazzaville to experience its atmosphere and spirit and discover its restaurants, markets, historic sites, and distinctive culture. Kamba offers various guided tours; guests can also avail themselves of local "green taxis" to explore on their own.



Most of our Journeys include a half-day tour of Brazzaville that takes in the city's highlights, including the Modernist masterpiece St. Anne's Basilica; Poto-Poto Market, an excellent source for exuberantly patterned textiles; the Marché Plateau Ville, where local artisans sell masks and carvings; and a drive over the iconic Independence Bridge to La Corniche, overlooking the Congo River.



Make time to sample Congolese cuisine, which blends French techniques and African flavors. Highlights include the elegant waterfront destination Mami Wata; La Mandarine, a delicious Lebanese-French bakery and café; and Glacy, which specializes in ice cream that highlights the flavors of the jungle.

One don't-miss highlight is an experience with the Sapeurs, a fascinating subculture of street fashion icons whose expressive, dandyish outfits are considered part of Congolese cultural heritage. Sapeur tours must be booked in advance; contact us at info@kambaafrica.com

Journey Experiences

