

## What To Pack

When packing, please keep in mind the 15kg weight limit on the internal flights between Brazzaville and Odzala-Kokoua National Park. (We can store any excess baggage for you in our Brazzaville office.) On international flights, we highly recommend packing essential items and two days' worth of clothing in carry-on baggage in case checked luggage is misdirected. Soft-sided luggage is recommended.

## Equipment & Other

All camera equipment should be suitable for humid and possibly wet environments. Lighting conditions can be challenging in the forest; gorilla welfare protocols prohibit flashes, and the typical viewing distance is at least 10 m (32 ft). A macro lens is helpful for photographing insects and plants. You will need to carry all your own equipment. Advance clearance is required for drones and large-scale camera equipment; please contact us for more information.

- Sunglasses & sunscreen
- Binoculars (night vision a bonus)
- Camera equipment
- Anti-fog spray for lenses, spare batteries and memory cards or film
- Adaptors (lodges use European plugs; 500W max)
- Zip-lock bags and a lightweight dry bag for electronic equipment
- Torch or flashlight (headlamp recommended)
- Noise-canceling headphones (recommended especially for flight to Odzala)
- Personal toiletries (shower gel, shampoo, conditioner, and body lotion provided)
- Biodegradable sanitary products, if possible
- Medication (EpiPen recommended for those with severe allergies)
- Insect repellent (tropical-grade - natural products such as citronella are not recommended)

## Clothing

As the rainforest and bai environment can be muddy and wet, we recommend bringing enough suitable clothing (including socks) to allow time for laundered items to dry in the often humid and wet conditions. Ideal clothing is quick-drying; lightweight; dark green, khaki, or brown; and has long sleeves or trouser legs. Black, blue, and other dark-colored clothes are not recommended, as they may attract tsetse flies near the water. Avoid wearing bright colors in the forest.

- 2 to 3 fast-drying shirts with long sleeves
- 2 to 3 pairs of fast-drying long pants
- Comfortable, closed-toe walking shoes, ideally lightweight and fast-drying (not sandals or heavy boots)
- Water shoes, booties, or old running shoes (which may be left behind) for river activities
- A light fleece or jumper for evenings and early mornings
- 2 pairs of socks per day, preferably lightweight and fast-drying
- Sun hat
- Bathing suit
- Rain jacket
- Casual clothes and comfortable shoes for relaxing at the lodge

## Paperwork

- Passport with 2 blank pages
- Visa and Letter of Invitation
- Yellow fever vaccination record
- Cash in USD or EUR (see Currency, below)
- Printed copy of travel and medical insurance, including policy reference number, name of insurer, name(s) of covered person(s), and emergency contact number(s). Please also include contact information for a friend/family member in your home country.